

# EUROPEAN RHINOPLASTY COURSE

22-23-24 APRIL 2026

Hotel Le Plaza  
Brussels, Belgium

## FACULTY 2026

Speakers & Moderators



Prof. Dr. Peter  
W. Hellings  
*Belgium*



Dr. Alireza  
Mesbahi  
*Iran*



Dr. Cameron  
McIntosh  
*South Africa*



Prof. Dr. Dario  
Bertossi  
*Italy*



Dr. Enrico  
Robotti  
*Italy*



Dr. Hossam F.T.  
Foda  
*Egypt*



Prof. Dr. Wolfgang  
Gubisch  
*Germany*



Dr. Roxana  
Cobo  
*Colombia*



Dr. José Carlos  
Neves  
*Portugal*



Dr. Alwyn  
D'Souza  
*United Kingdom*



Dr. Stijn  
Halewyck  
*Belgium*



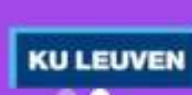
Dr. Gert  
Jeunen  
*Belgium*



Prof. Dr. P.  
Lekakis  
*Greece*



Prof. Dr. Frank  
Declau  
*Belgium*



# INTRO

## FACULTY:

Roxana Cobo 🇨🇴 (Colombia)  
Frank Declau 🇧🇪 (Belgium)  
Dario Bertossi 🇮🇹 (Italy)  
Alwyn D'Souza 🇬🇧 (UK)  
Hossam Foda 🇪🇬 (Egypt)  
Wolfgang Gubisch 🇩🇪 (Germany)  
Stijn Halewyck 🇧🇪 (Belgium)  
Peter Hellings 🇧🇪 (Belgium)  
Gert Jeunen 🇧🇪 (Belgium)  
Garyfalia Lekakis 🇬🇷 (Greece)  
Cameron McIntosh 🇿🇦 (South Africa)  
Enrico Robotti 🇮🇹 (Italy)

## YOUNG BRIGADE:

Konstantinos Gasteratos 🇬🇷 (Greece)  
Gill Verstappen 🇧🇪 (Belgium)  
Aliyar Zahedi Vafa 🇧🇪 (Belgium)  
Ayush Kapila 🇧🇪 (Belgium)



# WEDNESDAY 22<sup>ND</sup> APRIL 2026

|                  |                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9.00 AM          | <b>WELCOME ADDRESS</b>                                                                                                                                                                                                                                                                                                                                                  | P. Hellings <br>D. Bertossi <br>C. McIntosh                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 9.10 - 11.00 AM  | <b>BASICS PRINCIPLES OF RHINOPLASTY</b> Moderators:<br>Session 1<br><br>20' Pre-operative approach: what really matters + 5' Q&A .....<br>20' Dry surgical field: hints and tricks .....<br>for a bloodless procedure + 5' Q&A .....<br>25' Dilemma of approaches in rhinoplasty anno 2026 + 5' Q&A .....<br>25' Basics of (classic) osteotomies + 5' Q&A .....         | W. Gubisch <br>F. Declau <br>S. Halewyck <br>A. Kapila <br>P. Hellings <br>G. Jeunen <br><br>W. Gubisch <br>H. Foda  |
| 11.00 - 11.30 AM | Coffee break                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 11.30 - 1.30 PM  | <b>MASTERING THE NASAL TIP AND GRAFTING</b> Moderators:<br>Session 2<br><br>25' Approaches to the nasal tip (open/closed) + 5' Q&A .....<br>25' Grafts in rhinoplasty: which graft to consider + 5' Q&A .....<br>25' Suturing of the nasal tip (refinement/projection/rotation) + 5' Q&A .....<br>25' How I improved my nasal tip results over the years + 5' Q&A ..... | P. Hellings <br>W. Gubisch <br>H. Foda <br>A. Kapila <br>A. D'Souza <br>R. Cobo <br>F. Declau <br>H. Foda         |
| 1.30 - 2.30 PM   | Lunch                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 2.30 - 4.00 PM   | <b>SUCCESSFUL NASAL DORSUM WORK</b> Moderators:<br>Session 3<br><br>20' Straightening the dorsum + 5' Q&A .....<br>20' Gradual approach to augmenting the dorsum + 5' Q&A .....<br>20' Approaches to reduce the dorsum + 5' Q&A .....<br>20' Reconstructing an aesthetic dorsum .....<br>in revision rhinoplasty + 5' Q&A .....                                         | F. Declau <br>A. D'Souza <br>G. Jeunen <br><br>W. Gubisch <br>H. Foda <br>A. D'Souza <br>E. Robotti                                                                                       |
| 4.00 - 4.30 PM   | Coffee break                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 4.30 - 5.00 PM   | <b>TECHNIQUES WITH AVOIDANCE OF COMPLICATIONS</b> Moderators:<br>Session 4<br><br>25' Hump reduction: techniques and avoidance .....<br>of complications + 5' Q&A .....<br>25' Nasal tip surgery: techniques and avoidance .....<br>of complications + 5' Q&A .....<br>25' Alar base reduction: techniques and avoidance .....<br>of complications + 5' Q&A .....       | R. Cobo <br>A. D'Souza <br>G. Jeunen <br><br>C. McIntosh <br>E. Robotti <br>H. Foda                                                                                                                                                                                            |
| 5.00 - 6.00 PM   | <b>KEYNOTE</b> Moderators:<br><b>WHAT I HAVE LEARNED THE HARD WAY</b><br>Session 5<br>50' Key note lecture + 10' Q&A .....                                                                                                                                                                                                                                              | P. Hellings <br>W. Gubisch <br>E. Robotti <br>R. Cobo                                                                                                                                                                                                                                                                                                                                                                                                    |
| 8.00 PM          | Faculty dinner                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

# THURSDAY 23<sup>RD</sup> APRIL 2026

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|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.30 AM            | <b>WELCOME ADDRESS</b>                                                                                                                                                           | C. McIntosh <br>D. Bertossi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 8.35 - 10.30 AM    | <b>INTERACTIVE INSTRUCTIONAL VIDEO SESSION</b> Moderators:<br>Session 6                                                                                                          | E. Robotti <br>G. Lekakis <br><br>R. Cobo <br>H. Foda <br>A. D'Souza <br>D. Bertossi <br>W. Gubisch                                                                                            |
|                    | 20' TBD<br>20' Primary External RP<br>20' TBD<br>20' TBD<br>20' Thin skin patient<br>+ 50' Q&A                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 10.30 - 11.30 AM   | <b>Group portrait + Coffee break</b>                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 11.30 AM - 1.00 PM | <b>SIMPLE TECHNIQUES FOR SEEMINGLY COMPLEX NOSES</b> Moderators:<br>Session 7                                                                                                    | R. Cobo <br>C. McIntosh <br>G. Jeunen <br>A. D'Souza <br>H. Foda <br>P. Hellings <br>F. Declau <br>R. Cobo  |
|                    | 20' Minimal invasive interventions<br>20' Removal of mersilene graft<br>20' Nose lift<br>20' Piezotome<br>20' Mestizo nose<br>+ 30' Q&A                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 1.00 - 2.30 PM     | <b>Lunch</b>                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2.30 - 4.30 PM     | <b>CHALLENGING RHINOPLASTY VIDEO LECTURES (25')</b> Moderators:<br>Session 8                                                                                                     | R. Cobo <br>F. Declau <br>G. Lekakis <br>C. McIntosh <br>G. Lekakis <br>E. Robotti <br>G. Jeunen                                                                                 |
|                    | 30' Case 1 Crooked nose<br>20' Case 2 Overprojected nose<br>20' Case 3 Saddle deformity<br>20' Case 4 Multiple revision RP<br>+ 30' Q&A                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 4.30 - 5 PM        | <b>Coffee break</b>                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 5 - 6.15 PM        | <b>WHAT I HAVE CHANGED OVER THE PAST 10 YEARS AND WHY?</b> Moderators:<br>Session 9                                                                                              | G. Jeunen <br>E. Robotti <br>R. Cobo <br>H. Foda <br>A. D'Souza <br>C. McIntosh                                                                                                                                                                                       |
|                    | 20' What I have changed over the past 10 years and why?<br>20' What I have changed over the past 10 years and why?<br>20' How to be successful in private practice?<br>+ 15' Q&A |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 6.15 - 6.45 PM     | <b>ETHICS IN RHINOPLASTY</b> Moderators:<br>Session 10                                                                                                                           | P. Hellings <br>R. Cobo <br>E. Robotti <br>A. D'Souza <br>H. Foda <br>G. Lekakis                                                                                                                                                                                      |
|                    | 20' Panel discussion                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 7 PM               | <b>Guided tour in Brussels</b>                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 8 PM               | <b>Course dinner (upon registration)</b>                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |



# FRIDAY 24<sup>RD</sup> APRIL 2026

9.00 AM - 3.30 PM

## **ANATOMY LAB Teachers:** **LEUVEN (N°40) / BRUSSELS (N°20)**

|                                                                                                 |                                                   |
|-------------------------------------------------------------------------------------------------|---------------------------------------------------|
| W. Gubisch     | (Live demonstration techniques on master station) |
| H. Foda        | (Live demonstration techniques on master station) |
| E. Robotti     |                                                   |
| P. Hellings    |                                                   |
| R. Cobo       |                                                   |
| C. McIntosh  |                                                   |
| S. Halewyck  |                                                   |
| G. Lekakis   |                                                   |
| F. Declau    | (Live demonstration Piezotome on master station)  |
| G. Jeunen    |                                                   |