

15TH JUBILEE EDITION

EUROPEAN RHINOPLASTY COURSE

HELLINGS-BERTOSSI-MCINTOSH-MESBAHI

20
23



**EUROPEAN RHINOPLASTY
COURSE**

1, 2 & 3 JUNE 2023 - BRUSSELS, BELGIUM

PALACE OF THE ACADEMIES

INTRO

15TH JUBILEE EDITION IN THE ROYAL ACADEMY OF MEDICINE IN BRUSSELS WITH THE FOLLOWING 9 ASSETS:

- Novel dissection facilities with real-time demonstrations by professors P Hellings and W Gubisch and H Foda, based on unique step-by-step dissection handbook
- Lectures by living legends like Prof Enrico Robotti, Prof Wolfgang Gubisch and Prof Hossam Foda
- 4 enthusiastic course directors from different horizons and continents, guaranteeing a well balance and relevant programme
- Educational focus on 3 (!) medical specialisms: ENTs, plastic and maxillo-facial surgeons
- Unique panel discussions on novel/controversial rhinoplasty topics with 6 top panellists
- Septal correction and cartilage harvesting workshop by professor P Gevaert
- Preservation rhinoplasty video workshop by Dr Philio Lekakis
- Hybrid course meeting the needs of all surgeons will to get trained and up-dated on rhinoplasty
- Best atmosphere and networking opportunity in town, with the jubilee edition being the cherry on the cake of 20 years of educational efforts in rhinoplasty education

COURSE DIRECTORS

- P Hellings (Belgium)
- D Bertossi (Italy)
- C McIntosh (South Africa)
- A Mesbahi (Iran)

FACULTY (SPEAKERS / MODERATORS)

- E. Robotti (Italy)
- H. Foda (Egypt)
- W. Gubisch (Germany)
- A. de Souza (U.K.)
- W. Wagner (Germany)
- J. Constantinidis (Greece)
- C. Cingi (Turkey)
- G. Nolst Trenité (The Netherlands)
- P. Gevaert (Belgium)
- V. Picavet (Germany)
- S. Claeys (Belgium)
- P. Lekakis (Greece)
- F. Declau (Belgium)

PRELIMINARY PROGRAM - DAY 1

MORNING

08:00	REGISTRATION	Registration with breakfast
08:30	HELLINGS P.	Welcome

SESSION 1 : PRE-OPERATIVE CONSIDERATIONS AND KEYS TO SUCCESS

08:35	15 min lectures and 5 min Q&A	
10:00	Moderators: D. Bertossi - H. Foda - W. Gubisch	

CONSTANTINIDIS J.	Applied nasal anatomy: what a surgeon needs to know
D'SOUZA A.	Pre-operative clinic organization
ROBOTTI E.	Cone beam CT scan: why it matters in rhinoplasty
MCINTOSH C.	What pre-operative strategy works best

COFFEE BREAK

SESSION 2 : PRE-OPERATIVE KEYS TO SUCCESS

10:30	15 min lectures and 7 min Q&A	
12:45	Moderators: W. Wagner - C. McIntosh - W. Gubisch	

HELLINGS P.	Hints to achieve a dry operation field
NOLST TRENITE G.	Different rhinoplasty approaches
MESBAHI A.	Osteotomies: cold instruments
CONSTANTINIDIS J.	Spreader grafts or flaps
ROBOTTI E.	Combining piezo and powered tools in rhinoplasty
ROBOTTI E.	My current hybrid preservation-structural rhinoplasty concept

LUNCH

SESSION 3 : SPECIFIC SURGICAL STEPS / PROCEDURES

14:00	15 min lectures and 10 min Q&A	
15:45	Moderators: H. Foda - V. Picavet - G. Nolst Trenité	

ROBOTTI E.	Managing shape and orientation of the lateral crus
GUBISCH W.	Straightening the crooked nose
CONSTANTINIDIS J.	Tip refinement
MESBAHI A.	Alar base reduction
BERTOSSI D.	Laser reshaping and new technologies in rhinoplasty

BREAK

SESSION 4 : LESSONS LEARNED OVER THE PAST 20 YEARS BY LIVING LEGENDS

16:15	15 min lectures and 10 min Q&A	
18:00	Moderators: C. Cingi - A. D'Souza - G. Nolst Trenité	

FODA H.	My 5 hints and tricks
GUBISCH W.	My 5 hints and tricks
ROBOTTI E.	My 5 hints and tricks
WAGNER W.	My 5 hints and tricks

FACULTY DINNER (FOR INTERNATIONAL FACULTY)

20:00	Grand Place
22:00	Brussels

PRELIMINARY PROGRAM - DAY 2

GROUPS

07:00
12:00

GROUP 1

Hands-on training cadaver workshop in Leuven

*P. Hellings - H. Foda - W. Gubisch - A. Mesbahi
Ç. Cingi - A. D'Souza - National teachers*

09:00
12:30

OR GROUP 2

Video workshop septal cartilage harvesting / correction

V. Picavet - P. Gevaert

09:00
12:30

OR GROUP 3

Video workshop on preservation rhinoplasty (90 min)

P. Lekakis

Video workshop on non-surgical rhinoplasty (90 min)

D. Bertossi

LUNCH

2D VIDEO PRESENTATIONS OF SPECIFIC RHINOPLASTY CASES

14:00 20 min videos with 10 min interaction

16:00 Moderators: *H. Foda - A. Mesbahi - A. D'Souza*

- E. Robotti (Italy)
- A. D'Souza (UK)
- W. Gubisch (Germany)
- A. Mesbahi (Iran)
- W. Wagner (Germany)

COFFEE BREAK

2D AND 3D VIDEO PRESENTATIONS OF SPECIFIC RHINOPLASTY CASES

16:30 20 min videos with 10 min interaction

18:30 Moderators: *E. Robotti - P. Lekakis - G. Nolst Trenité*

- Cameron McIntosh (South Africa)
- Dario Bertossi (Italy)
- Cemal Cingi (Turkey)
- Janis Constantinidis (Greece)
- Spare: Peter Hellings (Belgium)

JUBILEE COURSE DINNER FOR ALL WITH BAND AND DANCING

20:00 *Secret Location
Brussels*

PRELIMINARY PROGRAM - DAY 3

INTERACTIVE VIDEO CASE PRESENTATIONS

08:30	<i>10 min videos with 10 min interaction</i>			
10:30	<i>Moderators: G. Nolst Trénité - W. Wagner - A. D'Souza</i>			
8:30	GUBBISCH W.	9:30	CINGI C.	
8:50		9:50		
8:50	ROBOTTI E.	9:50	MCINTOSH C.	
9:10		10:10		
9:10	CONSTANTINIDIS J.	10:10	FODA H.	
9:30		10:30		

BREAK

PANEL DISCUSSION ON 3 NOVEL TRENDS

11:00	<i>30 min</i>
12:30	<i>Moderators: F. Declau - A. D'Souza - D. Bertosi</i>

TOPIC 1: 30 MIN ON 'PRESERVATION RHINOPLASTY'

Presentation by P. Lekakis

TOPIC 2: 30 MIN ON 'ETHICAL CONSIDERATIONS IN RHINOPLASTY'

Presentation by P. Hellings

TOPIC 3: 30 MIN ON 'NON-SURGICAL RHINOPLASTY'

Presentation by D. Bertosi

PANEL

- C. McIntosh
- W. Wagner
- H. Foda
- C. Cingi
- W. Gubisch
- V. Picavet
- P. Lekakis

AWARDS + ADJOURN